

Bauerfeind GenuTrain® A3 Arthritis Relief Support



GenuTrain A3 centers the patella during joint movement and stimulates the skin receptors and nerve endings in the muscle-tendon transition around the knee to enhance proprioception and decrease pain and swelling.

Product Features:

- Knobbed silicone insert activates several key joint muscles (vastus medialis, gastrocnemius) while decreasing pain and swelling in the medial compartment
- Centers the patella through corrective wire in the knit during joint movement and insert stimulates skin receptors and nerve endings in muscle-tendon transition around knee to enhance proprioception
- Lightweight, breathable, anatomical knit provides controlled compression to reduce swelling and edema and optimizes temperature regulation providing a cool, comfortable fit
- Special stretch knit in calf area facilitates easy donning and doffing
- Silicone banding at the top on the support and medial/lateral stays prevent migration
- Great for athletes or more active people with patellar and arthritic pain
- Promotes proprioception, thus heightening sensory awareness in the knee for increased joint stabilization
- Special, non-irritative weave in the critical area behind the knee prevents bunching and pinching
- Machine washable makes it easy to care for and cost effective

Can be used to treat:

- Osteoarthritis
- Patellar (knee) subluxation
- Chondromalacia
- Patellar (knee) dislocation
- Anterior knee pain
- Knee instability due to general muscular imbalance
- Osgood-Schlatter's disease after lateral release surgery
- Jumper's Knee

GenuTrain A3



Size	Loose Circumference in Inches		Item #
	4 ^{3/4} " below knee	5 ^{1/2} " above knee	
1	11 - 12 ^{1/4}	15 - 16 ^{1/4}	110412500*0+01
2	12 ^{1/4} - 13 ^{1/4}	16 ^{1/4} - 17 ^{1/4}	110412500*0+02
3	13 ^{1/4} - 14 ^{1/2}	17 ^{1/4} - 18 ^{1/2}	110412500*0+03
4	14 ^{1/2} - 15 ^{3/4}	18 ^{1/2} - 19 ^{3/4}	110412500*0+04
5	15 ^{3/4} - 17	19 ^{3/4} - 20 ^{3/4}	110412500*0+05
6	17 - 18 ^{1/4}	20 ^{3/4} - 22	110412500*0+06

*1=Nature, *8=Titanium, +6 = Right, +7 = Left

Size is determined by loosely measuring:

Point 1. Loose circumference at 4^{3/4} inches below center of the knee

Point 2. Loose circumference at 5^{1/2} inches above center of the knee