

# Bauerfeind MalleoTrain® Ankle Support



MalleoTrain relieves ankle pain and swelling during sports and everyday activities.

## Product Features:

- Knitted ankle support incorporating an anatomically contoured silicone insert behind each ankle bone
- Silicone inserts leave ankle bones pressure-free and provide intermittent compression to the soft tissue of the joint, leading to increased circulation, thus aiding in the reduction of swelling and edema
- Promotes proprioception, thus heightening sensory awareness in the ankle for increased joint stabilization
- Anatomical knit carries controlled compression graduated at the edges to prevent constriction of circulation
- Lightweight, breathable knit will not retain heat and is completely machine washable

## Can be used to treat:

- Ankle swelling and soreness
- Ankle sprains
- Ligament weakness and slight ligamentous tears
- Degenerative joint disease (osteoarthritis)
- Synovitis
- Bursitis
- Arthritis, osteoarthritis
- Post cast

### Malleo Train



Size	Circumference in inches	Item # (Right)	(Left)
1	6 <sup>3/4</sup> - 7 <sup>1/2</sup>	110111020*0601	110111020*0701
2	7 <sup>1/2</sup> - 8 <sup>1/4</sup>	110111020*0602	110111020*0702
3	8 <sup>1/4</sup> - 9	110111020*0603	110111020*0703
4	9 - 9 <sup>7/8</sup>	110111020*0604	110111020*0704
5	9 <sup>7/8</sup> - 10 <sup>5/8</sup>	110111020*0605	110111020*0705
6	10 <sup>5/8</sup> - 11 <sup>3/8</sup>	110111020*0606	110111020*0706

\*1=Nature, \*7 =Black \*8=Titanium

Size is determined by measuring the circumference of the ankle at the narrowest point