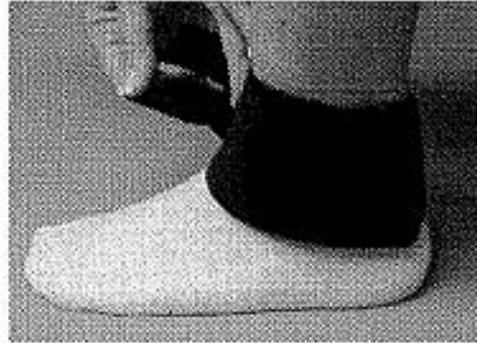


PLANTAR FASCIITIS Wrap

Application Instructions



1. Place wrap above Achilles tendon and around the smallest part of the ankle.



2. Secure hook to wrap.



3. Remove elastic strap from wrap. Apply the elastic strap forward of the heel and back of arch. Wrap under the arch and pull up and back (approximately 15'). Attach hook to wrap.



4. Adjust if necessary.

Reorder No.	Size	Ankle Circumference
0814 4762	Small	up to 11" 27.9cm Fits Small Female
0814 4763	Medium	12" 30.5cm Fits Large Female/Small Male
0814 4764	Large/XL	13" 33 cm Fits Large Male