

# **Bauerfeind ViscoSpot® Heel Cushions**

ViscoSpot heel cushions are clinically proven 95% effective for the initial treatment of heel pain (plantar fasciitis). Once you experience the relief offered by ViscoSpot you will want a pair for all your shoes!



## **Product Features:**

- Non-compressible, viscoelastic silicone with a softer blue "spot" correctly placed for additional cushioning where heel pain originates
- High quality, medical grade silicone provides superior comfort and long lasting effectiveness
- Slight medial wedge redirects pressure away from the painful area
- 1/2 inch lift takes tension off the plantar fascia to relieve pain
- Superior shock absorbing qualities reduce shock to the joints and back absorb odors or exude oil like some heel cushions
- Easy to clean with soap and warm water
- Sold as a pair
- Can be switched from one pair of shoes to another
- Does not contain latex
- Does not absorb odors

## **Can be used to treat:**

- Plantar fasciitis
- Heel spurs
- Fat pad atrophy
- Back pain
- Joint pain, arthritis pain (knee, ankles, hips)

## **ViscoSpot**

<b>Size</b>	<b>Shoe Size</b>		
	<b>Men</b>	<b>Women</b>	<b>Item #</b>
1	5 - 6 <sup>1/2</sup>	3 - 8	13017201000501
2	7 +	8 <sup>1/2</sup> +	13017201000502